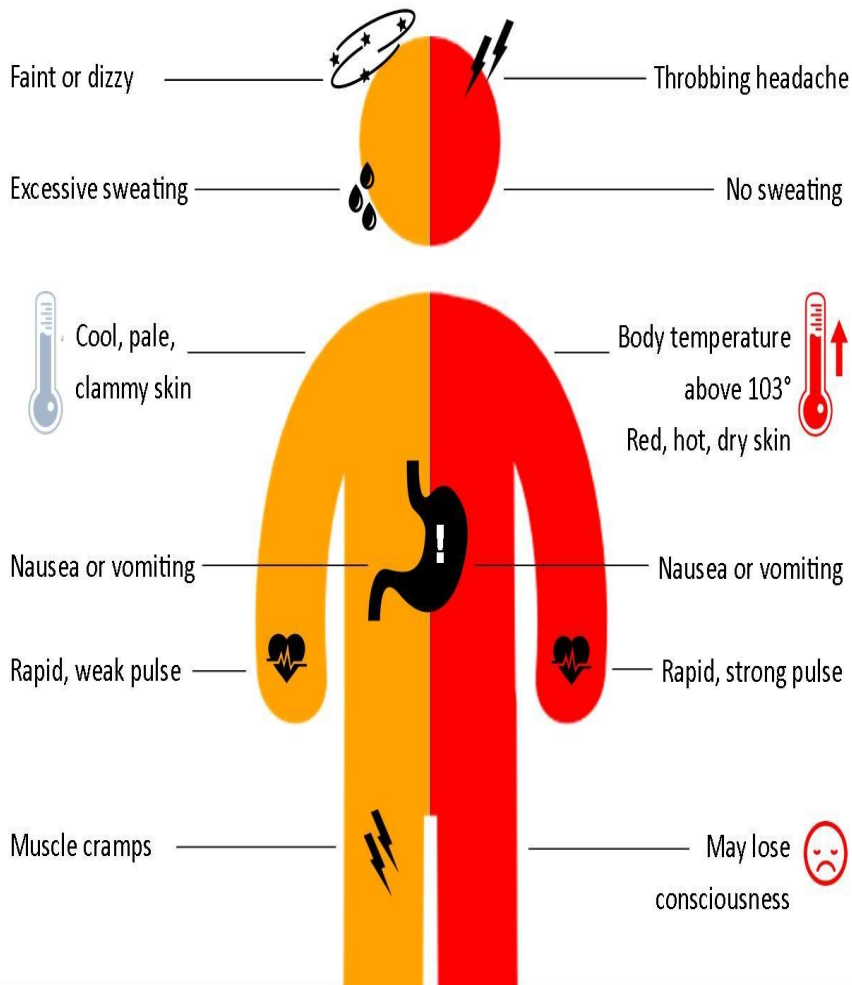


Twin Oaks at Stone Ridge August 2022 Newsletter

HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

Happy Birthday!

- Kathy Boothe 08/03
- Debra Bryant 08/06
- Juline Trokey 08/10
- Shirley Soto 08/11
- Layla 08/20
- Ralph Herndon 08/29
- Renee Bonner 08/31

LEGENDS
are
BORN
in
AUGUST





Elvis Blue Hawaii Luncheon
August 23rd | 11:30am

Kimmswick Coach Trip
October 13th | 9:20am

Holiday Luncheon
December 6th | 11:30am

**For more information
contact the
Silver & Gold Team
at (636) 328-0888**

Silver & Gold Senior Club

Over 2,500 members, all dedicated to having fun.

Sponsored by Baue Funeral Homes, Crematory and Memorial Gardens this highly successful group holds several well-attended events each year – with most events averaging more than 200 people. This club has been in service for over 25 years, and there is no charge to be a member. With over 2,500 members we have become a positive network for seniors in our community.

Our programs include:

- Fun themed luncheons
- Day trips and tours
- Educational Talks
- Trips to local sports events
- An annual senior health fair
- And much more!

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